

Go Daddy Health Guru Ver-1 09/07/09

Soil Mineral Depletion Alert Health Disaster

United States Senate Document #264

Analysis Presented by Michael Rothberg, HealthGuru

United States Washington, D.C., 1936

Anemic Earth was written as an article in a popular magazine and submitted into the Congressional record in 1936. Also submitted as part of a Congressional investigation into our U.S. farming practices. Some 73 years ago, leading authorities alerted the newspapers and even our US Congress that our depleted farmland soil was the primary cause of significant decline in the nation's health. It was evidenced by a steady increase in degenerative diseases. However, when our short-sighted political leaders, back then saw the financial cost to re-mineralize the nation's farmland and rangeland, in the billions, they buried their own investigation. Since then, as a result of their short-sighted cost benefit analysis, the health care cost is now in the trillions.

Since Congress failed to marshal the will and resources to re-mineralize US farmland and rangeland, today you have no choice but to supplement your diet with 90 essential nutrients. Almost all Americas are suffering from numerous dangerous diet related nutritional deficiencies which cannot be remedied without supplementation of the 90 essential nutrients or until the depleted soil from which our foods grown in are brought into proper mineral balance. *Click here for more info* <http://www.vitaminshoponline.us>

Americans are eating, fruits, vegetables, grains, dairy, poultry and livestock, raised on millions of acres of farmland that no longer contains all 60 needed minerals needed for people pets and plants health. Today, as a society, collectively Americans suffer from over 900 diseases that as a matter of fact are attributable to over 900 mineral, vitamin and essential fatty acids deficiency diseases which cause pre-mature and painful death. Regardless of our current super sized portions we are over feed, under nourished and always hungry. Most people generally know the importance of vitamins. Some people are acquainted with the need for folic acid to prevent neural tube birth defects in pregnant women. Maybe a handful of people know that taking selenium can prevent at least several different types of cancer. But do you know that it is because of successful law suits by Dr. Joel Wallach of Drink ACT click **here for info** <http://energydrink-actorders.info/> and Youngevity

[click here for more info http://www.vitaminshoponline.us](http://www.vitaminshoponline.us) against the FDA that you are aware of this and can lawfully tell others about this in a commercial setting.

This talk about minerals is not novel to a modern cattle farmer. He practices prevention through supplement intervention to his animal feed with the 90 essentials nutrients because prevention is cheaper than veterinary intervention.

Today, shamefully most cattle ranchers and dairy farmers know more about the importance of mineral supplementation than any certified dietician, nurse or allopathic medical doctor. On the other hand the faster we march towards National Health Care the quicker it should become an issue of concerns to all of us. The further we advance towards National Health Care, without a few dollars a day of preventive supplementation with the 90 essential nutrients, the more disastrous our unhealthy “Health Care” future becomes.

Do you really think that a carrot is a carrot? Of course you do. Aren't all carrots created equal? Don't they all have the same minerals amounts, vitamins and beta carotene levels? NO! Minerals are not fairly, evenly, uniformly and universally distributed in all top soil. Mineral distribution is totally random and hit or miss and most all top soil are stripped of rare earth elements such as zinc, lithium, iodine, chromium, vanadium, europa and germanium. One carrot may look and tastes like another and yet mineral assays prove they vary with in a farm, from farm to farm, county to county, state to state and country to country.

Laboratory tests prove that the fruits, vegetables, grains, eggs, milk and meats of today are not what they were a few generations ago. No one today could or should eat the quantity of food to supply their body with the minerals they require for vital health. The fact is Americans are doing their best to satisfy their biological need for minerals, vitamins, amino acids, and essential fatty acids through overeating at every meal.

It was a great day when I heard Dr. Joel Wallach bringing this 73 year old information to light in his “Dead Doctors Don't Lie” CD. Now many years later some people talk about minerals but no one has the authority to speak on the subject as Dr. Joel Wallach. Likewise no nutrition company but Dr. Joel Wallach's nutrition company offers all 60 minerals from an organic plant source in a liquid colloidal suspension. The internet abounds with health claims for rock minerals products. Should you take them? Of course if Lava, sedimentary rock and sea salt were your only choices than I would say, you should by all means supplement with

those. But those aren't your only choices. There is only one Organic Plant Derived Minerals4peoplepetsplants.info. Health Guru top pick in mineral nutrition is certified by the Organic Mineral Research Institute. Ask the competition to present their OMRI certified [click here I sent to you already in a word doc please keep hidden until click to open 9 22 2009](#)

Dr. Wallach has fought the US Food and Drug Administration on many fronts to bring mineral and vitamin deficiency diseases to the fore front of the American public's awareness. He has directed people with extreme disorders such as Cystic Fibrosis, Sickle-Cell Anemia and cancer to replenish their body with copious amounts of the 90 essential nutrients to re-establish balance and health. Any imbalance or deficiency of one or another mineral, vitamin, amino acid and essential fatty acid, over time, however microscopic results in sickness and suffering and will shorten your life.

This discovery is one of the latest and most important contributions of Dr. Joel Wallach to the science of human health. Dr. Charles Northen was one of many scientists in the field of Agronomy, in the early part of the 20th century, to demonstrate that food 73 years ago was poor in minerals and not in the necessary proportions for human health.

Also as an M.D., Dr. Northen specialized in stomach diseases and nutritional disorders. He discovered there was little information on the chemistry of foods and that trust could not be placed on existing data. In 73 years, nothing has changed.

He asked how foods could be used intelligently in the treatment of disease, when they differed so widely in mineral, vitamin, amino acid and essential fatty acid content. He concluded that foods could not be used scientifically. Dr. Northen established the fact that serious deficiencies of minerals in soil existed. In searching out the reasons he made an extensive study of soil mineral content. Dr. Northen proclaimed, "We must make soil building the basis of food building in order to accomplish vital human health." Today nutritionists assume things about food they have no right to assume. They and their profession are ahistorical.

"Bear in mind," says Dr. Northen, "that minerals are vital to human metabolism and health - and that no plant or animal can appropriate to itself any mineral which is not present in the soil upon which it feeds." Repeatedly, when research scientists feed all variety of zoo animals, livestock and pets, the American diet with all daily variety of snacks, all the test animals drop like flies.

"When Dr. Northen first made this statement he was ridiculed. Of course, this is the history of scientific innovation. Civilizations can no longer afford such resistance to change and truth. Up to that time, people had paid little attention to food deficiencies and even less to soil mineral deficiencies. Eminent scientists and medical doctors denied there was any such thing as vegetables and fruits that did not contain sufficient minerals for human needs. In the middle Ages the Catholic Church burned Dr. Harvey, the scientist who dared to suggest that heart pumped blood through an extensive circulatory system and Copernicus was burned for daring to suggest that the earth revolved around the sun. In Dr. Northen day, leading agricultural authorities insisted that all soil contained all the necessary minerals. They reasoned that plants take what they need, and that it is the function of the human body to appropriate what it requires. Failure to do so, they said, was a symptom of human metabolic disorder.

"Some of our respected authorities back in the day even claimed that the so-called secondary minerals played no part whatever in human health. It is only recently that such men as Dr. McCollum of Johns Hopkins, Dr. Mendel of Yale, Dr. Sherman of Columbia, Dr. Lipman of Rutgers, and Drs. H.G. Knight and Oswald Schreiner of the United States Department of Agriculture have agreed that these minerals are essential to plants, animals, and humans, minerals
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HealthGuru teaches that organic plant derived minerals, not just vitamins are building blocks that are indispensable to your nutrition. Each is important for normal functioning of organs, systems and structure of your body. Disorder and disease result from any mineral and vitamin deficiency. The fact is minerals work without vitamins. Vitamins do not work without minerals. You need 60 minerals, 16 vitamins, 12 amino acids and 3 essential fatty acids, 90 essential nutrients for optimal health and maximum longevity.

Whether you are a layman garden, a Penn State, Rutgers, Texas A&M or a Colorado State educated "Master Garden" you need to realize there may be a pronounced difference in both food and soil mineral composition. To everyone one vegetable, one glass of milk, or one egg is about the same as another. So the experts incorrectly say and you wrongly assume" With the exception of pH dirt is dirt. By adding a little nitrogen, potassium and phosphorus fertilizer to the soil they assume satisfactory vegetables or fruits will grow".

"The truth is our food varies enormously in mineral assay, vitamin content and nutritional value. Frankly, most fruits and vegetables aren't worth eating.

Vegetation grown in one part of the country may assay 1,100 parts per billion of iodine, as against 20 grown elsewhere. Iron content in milk, has measured anywhere from 362 parts per million down to zero parts per million.

Much American farmland, even in a virgin state, never were well balanced in mineral content. Sadly farmers have been equally stripping the good and poor soil of the 60 essential minerals and rare earth elements necessary for halting the current human parade of disease. Until Americans pay the price to re-mineralize US farm soil and rangeland, we have, are and will continue to “pay the piper”. For Now you must daily mineralize yourself with 90 essential nutrients click here and get start and act now <http://www.organicplantminerals.net>

Once I heard. Joel Wallach’s “The Best of Dead Doctors Don’t Lie,” CD the more I studied the role minerals play in our body. Minerals facilitate vitamins function. Mineral also lay at the crossroad of enzyme creation. Thanks to Dr. Joel Wallach I can lawfully tell you that folic acid can prevent neural tube birth defects and selenium may prevent many types of cancer. Still there is a near silence in the drug company sponsored media about the importance of minerals to all life on earth and the depletion of farm soil and food crops.

I was at a Health Expo, in 1991, when introduce to Chinese herbal whole food nutrition. The message was so sensible. We need to nourish, balance and cleans the various five systems of our body. [Click to our shopping cart for Cho Wa tea](#) click here to do so with Health Guru tea

But, not until listening to the message of Dr. Joel Wallach on his CD “Dead Doctors Don’t Lie” can I say, with certainly, I had all the pieces of the wellness puzzle for my clients, my family and my health. It took 15 years for HealthGuru to find Dr. Joel Wallach. Only, since 2006, and 15 years later, I can comfortably say that I can completely help you improve your health and retrace your diseases.

Over 7 decades ago Dr. Northen asserted that re-mineralizing the soil could be done and that it must be done. He demonstrated a doubling and redoubling of minerals to his demonstration fruits and vegetables. He improved the quality of milk by increasing the iron and iodine in it. He caused hens to lay eggs richer in vital elements and nutrients. Through his scientific re-mineralization of the soil, he raised better seed potatoes in Maine, better grapes in California, better oranges in Florida and better field crops in a number of other states.

Dr. Joel Wallach along with other scientists have proven that rats, guinea pigs and other animals can be placed into a diseased condition and out again by controlling only the minerals in their food.

In a 10-year test with rats, it was proven through the withholding of calcium, they became bred down to a third the size of those fed with an adequate amount of calcium. Their intelligence, size, structure and health were controlled by minerals in their feed.

One of the studies placed a number of these animals inside a maze after starving them of certain minerals. The mineral deprived ones were unable to find their way out of the maze. On the other hand, the properly nourished ones had no difficulty getting out. Their personality was altered by mineral feeding. They were induced to be quarrelsome and belligerent. Through extensive mineral deprivation, these animals devour each other. They were malnourished of minerals, vitamins and not protein, carbohydrates and fats. Again this deprivation leads to cannibalism.

A cage full of well nourished rats will live cooperatively and sleep in a group. With calcium restriction they became irritable and withdrawn. Then they begin to fight. Once calcium balance was restored they become friendly, over time they begin to sleep in a pile as before. Simply, many of our children are "stupid" because they are deficient in magnesia. [Magnesium] Our society humiliates drugs and incarcerates its children for our own failure to learn from the past and from outside the box. Our prisons are exploding with hoards of our disadvantaged youth whose anti-social behavior is rooted in multi-generational malnutrition. Most poor ethnic, inner city neighborhoods for people of color don't have a proper supermarket to support their nutritional needs.

Dr. Charles Northen, Dr. Joel Wallach and thousands of other scientists worldwide have proven our physical well-being is directly dependent upon the entire spectrum of minerals present in our diet. This is not to diminish the essential role vitamins play in health. Also failure to comprehend that improper combination of proteins, fats, carbohydrates and starch is a recipe for the debilitation of obesity, heart disease, inflammation, arthritis, dementia, cancer and eventually premature death.

Just the facts on calcium

So if you think calcium is just for bones then, you would be wrong. Calcium rules nerve system function. Also, Calcium is the foundational element in cell manufacture. Smooth nervous system functioning requires an abundance of

continent regular and reliable calcium intake. Calcium controls heart beat. Vitamin D 3 works cooperatively with calcium. In a recent article, published in Journal of the American Medical Association, it states of 4,000 patients tested in a New York City Hospital, only 2 had a sufficiency of calcium. [Click here to purchase http://www.vitaminshoponline.us](http://www.vitaminshoponline.us) Health Guru Osteo FX liquid calcium, magnesium and minerals all in one formula.

Calcium deficiency guarantees receding gums, tooth decay, tooth loss, bone malformations, arthritis, nervous disorders, twitches, restless leg syndrome, interrupted sleep, exhaustion and a host of anti-social behavior.

Parents, your children require twice the calcium and phosphorus you need for vital health. As calcium and phosphorus are co-constituent elements, Copper and Iron work hand and hand. Iron is vital for blood composition and yet blood can't form without the present of copper in the body.

Ladies, before your doctor says, "You have an underactive thyroid and you need Synthroid," you may consider investigating having a calcium potassium, calcium magnesium, copper iron, or iodine deficiency test. For as little as \$.60 a day you can make a daily down payment to your health and mineral bank account with Invigorita [click here http://energydrink-actorders.info](http://energydrink-actorders.info). Iodine deficiency is a national disgrace. Vast stretches of upper mid western soil is without even microns of iodine and the disease of "goiter" abounds. Today's medical doctors, in general are malignantly stupid concerning your need and theirs as well for 90 essential nutrients. To counteract all the deficiency diseases attributed to the absence of iodine in farm soil, salt manufactures add iodine to the salt. However, today's criminally stupid medical doctors warn Americans to avoid salt and thus iodine too. Most women are forced upon two unnecessary drug therapies, Synthroid and Premarin. Rather than giving them a few penny's worth of iodine daily. Worst of all, women still feel lousy, gain weight and double their risk of heart disease and cancer.

With each mineral deficiency comes a malnutrition related set of characteristic symptoms, as specific as vitamin-deficiency diseases. It is a national travesty that soil isn't properly and completely amended to include all 60 essential minerals that we need to avoid disease. Why aren't vitamin and mineral therapy, prevention cover by something that calls itself "healthcare" insurance? We are caught in the web of two criminal conspirators, the AMA and the drug companies. That want your money.

Dr. Charles Northen some 73 years ago said, “We must re-mineralize our soils.” Good soil husbandry requires we return to the earth the minerals we have taken. Dr. Northen said, “This task is neither Herculean nor expensive.” He was right. Since his proclamation some 3 generations ago, we have spent trillions of dollars on diseases that needed only billions in simple preventive mechanisms. Today we debate a national healthcare scheme that, at present, consumes 1/5 of everything we produce as a nation. Just as we do with our inept politicians, we should fire our doctors. Change our belief systems and follow the advice of Dr. Charles Northen, Dr. Joel Wallach and Health Guru. Albert Einstein warned us if we keep doing the same thing and expect a different outcome we are insane.

Anyone including Dr. Northen of 3 decades ago and Dr. Joel Wallach of today is called a crank who dares to suggest that most all diseases are directly related to deficiencies of one or more minerals. Dr. Joel Wallach argued for years that Cystic Fibrosis could have been avoided through parental supplementations of selenium. Even a child plagued with Cystic Fibrosis can enjoy a healthy life through Selenium supplementation. Do you know how many lives have been destroyed by parental ignorance and medical malfeasance? Here is another landmark discovery of Dr. Joel Wallach that might have gone unknown had he not defeated the FDA, in court. Folic acid prevents neural tube birth defects.

In a recent discussion, with our friend Maggie, we proved that high quality kitten foods have more minerals, vitamins and essential fatty acids than her per-natal and post-natal vitamins. Of course this intelligent woman was in shock. Prove it to yourself. Do the homework.

Dr. Northen demonstrated that crops grown in a properly mineralized soil grew larger and healthier, seeds germinated quicker; plants grew rapidly and produced more fruit of higher quality and of course higher frequency. Dr. Northen increased the mineral content of citrus fruit improving texture, appearance and flavor.

Back to Dr. Charles Northen in the 1930s. He proved in every food category from vegetables to eggs, milk to chickens his success was the same. By mineralizing the soil all matter of food was healthier and more nutrient beneficial to the consumer. Can you imagine what life could have been like had Congress had acted upon his testimony? Most disease we suffer from would never exist. Many of our children or their friends, our parents or their relatives and our grandparents along with their friends might still be here. Still, it is not too late. While it may take more than an act of Congress, today to rally Congress to action; you can supplement your diet with the complete 90 essential nutrients necessary for vibrant health [click here](#)

<http://energydrink-actorders.info> and a great life. Persistently, Dr. Charles Northen hammered home to farmers, to doctors, and to the general public the fact that all life on earth depends upon the totality of minerals!

Theresa and I take a Master Garden class through Rutgers Agricultural Extension and after 30 classes the only answer for sickly plants is pull them out, early chemical intervention, changing the pH or rebalancing nitrogen, potassium and phosphorus ratios. It has been 73 years since Dr. Charles Northen first warned of soil deficiency that will lead to human deficiency diseases, our educators still have not learned from his work and the message in his teaching.

A healthy plant grows in soil properly mineralized resist most pests. Soil mineral balance produces a better food product. You have tuberculosis and pneumonia germs in your system but you're strong enough to throw them off. Similarly, a healthy plant will pretty nearly take care of itself in the battle against insects and blights - and will also give the human system what it requires."

Insecticides, herbicides and fungicides cost today's farmers nearly as much as fertilizer.

"Do you realize what that means to agriculture?"

The vegetables we are growing and eating are sick and could not make it to harvest or your dinner table without chemical intervention. This is one of the important reasons why today's children are undernourished and over fed. Most of our children are weak, restless, hyper active, unfocused, overweight and depressed.

Here are a few examples of the benefits of complete mineral restoration to soil in production. For instance, in an orange grove infested with scale, Dr. Northen restored the mineral balance to only part of the soil; the trees growing in the amended section became scale free. The un-amended soil continued to produce oranges riddled with scale. Using the same method of soil re-mineralization, he grew healthy rosebushes vegetables between rows of vegetables riddled with insects.

Dr. Northen grew tomato and cucumber plants, both healthy and diseased, where the vines intertwined. The bugs ate the diseased plant and refused to touch the healthy plants! It is simple to conclude those pests are present to break down unhealthy plants and return them to the soil. Also, it is easy to extrapolate that virus, fungus and disease plaguing our malnourished population serves the same

purpose. It is a frightening conclusion. The answer is outrageously simple. The message is the same' re-mineralize to revitalize.

"Healthy plants mean healthy people," said Dr. Charles Northen. "We can't raise a strong race on a weak soil."

Until the day farmers get this message, your only hope for health is to take control over your health. Supplement your diet with our 90 essential nutrients. [Click here](http://energydrink-actorders.info)
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