

## Want More Energy?

Drink A.C.T. Energy is a culmination of 9 months of research and development in its laboratory. Drink ACT Energy underwent 80 different production trials before arriving at the award winning formula. The "secret" is the delicate balance of extraordinarily effective ingredients that work synergistically on a cellular level, creating a mental and physical energizing effect. ACT stand for (Advanced Cellular Technology).

The gimmick in most energy drinks is the danger with most energy drinks. Most energy drinks create their (energy) response by mega-dosing the system with high levels of unhealthy ingredients such as sugar and caffeine anhydrous. (Containing no water) Other energy drinks attack the central nervous system in such a manner that you get a superficial, temporary surge of energy. The problem with the other energy drinks is the kick only lasts for a little while and the unhealthy caffeine jolt and sugar crash is destructive and degenerative on your body.

Drink A.C.T Energy works on a completely different level as it has been designed to target your metabolic pathways to create optimal balance and performance at your cellular level. You will feel the effect of the product for hours at a time. The goal with Drink A.C.T Energy was to create the "World's First Healthy Energy Drink" that works "with" your body and not "against" your body so you will feel the superior benefits.

Drink ACT Energy ingredients includes;

EGCG (Epigallocatechin gallate) in Green Tea has been shown to help stimulate certain neurotransmitters that signal your body to increase energy and burn fat. EGCG is one of nature's most powerful antioxidants and proven to be 100 times more powerful at mopping up the free radicals that cause cell damage than typical vitamin C, (**for the finest vitamin C 100 bio-available**) and 25 times stronger than vitamin E. With millions of dollars being spent EGCG is proving to be an amazing antioxidant you need daily.

Drink A.C.T Energy uses a Green Tea that is specifically standardized for EGCG content. This unique processing method makes the Green Tea "de-caffeinated." Many of the benefits of Green Tea in A.C.T Energy are directly linked to the EGCG.

Guarana Seed is not synthetic anhydrous caffeine. Rather Guarana Seed contains many healthful substances, including a natural stimulatory ingredient known as Guaranine. In fact, it is molecularly similar to the Theobromine in chocolate. Just as Chocolate is known as the “feel good” delicacy Drink ACT Energy is known as the “feel good” energy drink. Guaranine is a healthier alternative to caffeine anhydrous and is one of the many reasons why you will enjoy Drink ACT Energy.

Drink A.C.T. Energy is ideal for weight loss. And Health Guru recommends Drink ACT Energy with your Game On Diet 30 day System. Drink ACT Energy contains a proprietary energy blend designed to increase your metabolism with natural and whole food ingredients such as Guarana, Green Tea, Panax Ginseng, and Maca Root. Drink ACT Energy also contains Fibersol-2, which is a natural, safe, and healthy source of soluble fiber that is known to support and promote healthy weight loss. The ACT Energy Drink should be added to your healthy Game On Diet weight loss system, which should include Health Guru Diet and 2 miles a day of brisk walking.

Drink ACT Energy uses only fruit extracts, fruit crystals, and a small amount of crystalline fructose (fruit sugar), as well as Stevia (a natural herb) for natural flavor and sweetness. Drink ACT Energy and the natural sweetener Stevia promote healthy blood sugar levels.

On a diet or not Drinking ACT Energy will not make you tip the scale. With only 24 calories per serving Drink ACT Energy is your healthy energy drink choice.

As an energy drink fan, you should know that most of the leading energy drinks contain large amounts of sugar. Sugar is known as a contributing factor of weight gain, which can lead to health problems such as obesity, cardiovascular disease, and diabetes. Cancer feeds on sugar and Sugar is the primary cause of Alzheimer’s disease.

Stevia, the natural sweetener causing a whirlwind of interest around the globe, could also be a rich source of antioxidants and may protect against DNA damage and cancer, says a study published from India.

An extract from Stevia rebaudiana leaves was found to contain an abundance of antioxidant polyphenols, including quercitrin, apigenin, and kaempferol. Subsequent tests showed that the extract could protect against DNA strand scission by hydroxide radicals, states the report in the Journal of Agricultural and Food Chemistry.

Derived from the South American plant *stevia rebaudiana*, stevia is said to have up to 300 times the sweetness of sugar without the insulin spike. A little bit of natural stevia goes a long way. Stevia has a mild liquorice-like aftertaste but imparts none to the magnificent of Drink ACT Energy.

ACT Energy also includes important anti-oxidants such as vitamins C, E, B3, B6, B12, folic acid and Guarana, Green Tea, Panax Ginseng, Maca Root, and the fruit juice which are whole-food sources of antioxidants.

The National Academy of Sciences identifies a dietary antioxidant as “a substance in foods that significantly decreases free radicals (e.g. reactive oxygen), and reactive nitrogen substances (e.g. N-nitroso compounds). Vitamins C and E are well-known antioxidants. As part of a well-balanced diet that is rich in fresh fruits and vegetables, daily intake of at least 400 UG of folic acid, 3 mg of vitamin B6, and 5 UG of vitamin B12 may reduce the risk of vascular disease.

Antioxidants support and promote:

- Cellular longevity
- Healthy cardiovascular function
- Healthy immune system function
- Healthy eye function

Potassium is an electrolyte, one of the essential minerals that your body requires for proper metabolism and energy use. The transfer of energy and electricity between neurons and other cells depends on a proper balance of potassium on both sides of the cell wall. In practical terms, potassium is needed to help your body regulate blood pressure, convert glucose to glycogen, and maintain healthy kidneys, heart and liver, as well as helping to lower the risk of stroke.

Potassium helps regulate muscle contractions – including heart contractions – through a series of complex chemical and electrical interactions. Because it helps the body to handle sodium, potassium helps maintain blood pressure within acceptable ranges. It also is a catalyst in numerous metabolic processes that keep the body working properly. Potassium citrate helps to metabolize calcium by the body, helps maintain healthy kidneys, and promotes proper bone health.

Potassium is found in numerous food sources, including bananas, orange juice, potatoes, dried apricots, whole grains, meat, fish, and dairy products.

Potassium promotes and maintains healthy blood pressure:

- Healthy cardiovascular system.
- Healthy bones and muscle function
- Healthy lung function
- Healthy kidney function.

Health Guru suggest you avoid bananas, potatoes and whole grains such as wheat, oats, rye, barley, white/brown rice as they cause havoc to your insulin levels and lead to insulin instability. Inflammation, arthritis, heart disease, Alzheimer's, pre-mature aging and per-mature death.

### **“Fibersol-2” (natural Maltodextrin)**

Fibersol-2 has been safely used in foods worldwide for more than 10 years. Fibersol-2 will help you maintain normal healthy levels of serum cholesterol and blood triglycerides, blood glucose levels, healthy intestinal regularity and healthy intestinal microflora.

Fibersol-2 falls under the GRAS rules of the FDA (Generally Regarded as Safe).

### **Drink A.C.T.™ Energy does not use any artificial flavors, colors or sweeteners?**

Ginseng the Ancient healers in India, Russia, China and Japan all revered ginseng for its medicinal and health-enhancing properties. In traditional Chinese medicine (TCM), ginseng is used for many purposes, including normalizing blood pressure and blood sugar, as a sexual tonic for both men and women, and to strengthen overall health when the body is debilitated.

Ginseng is an adaptogen, an herb that can improve your body's overall ability to adapt to and cope with the negative effects of physical and environmental stress. Clinical studies confirm that ginseng can help you enhance endurance, reduce fatigue, and improve your coordination and reaction time. There is also some evidence that ginseng can boost your immune function and help your body fight off infection during times of stress. In laboratory studies, ginseng has shown potential in protecting liver and heart health, regulating the function of reproductive hormones, normalizing cholesterol and blood sugar levels, and improving memory and learning. Ginseng is considered "energizing," but has not been shown to stimulate the central nervous system the way coffee does. When

you Drink ACT Energy with ginseng you may experience feelings of improved overall well-being.

Oral L-Arginine improves Hemodynamic responses to stress and reduces Plasma Homocysteine in Hyper cholesterolemic Men